

ORAL CANCER AWARENESS MONTH

THE STATS

45,750

Americans are diagnosed with oral or pharyngeal cancer each year.¹

It causes over **8,650** deaths a year, killing roughly 1 person per hour.¹

24 Per Day

GENDER RATIO

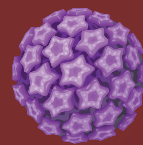
Oral cancers affect men twice as often as women.²



RISK FACTORS

70% of oral cancer patients were heavy drinkers.²

The risk of cancers in heavy drinkers and smokers may be as much as **100X** more than the risk of those who don't smoke or drink.²



70% of oropharyngeal cancers may be linked to HPV.³

25% have no known risk factors.²

DETECTION & PREVENTION

Regular oral cancer screenings during dental check-ups or annual physical exams with your doctor may aid in detecting oral cancers in their early stages.



Quit high-risk behaviors like drinking and smoking.



Eating cancer-fighting foods such as berries, garlic, ginger, cinnamon, turmeric, or cayenne pepper may reduce risk.



¹OralCancerFoundation.org ²Cancer.org ³CDC.gov